

Recommended Precautions



For Caregivers/Close Contacts of COVID-19 Patients Discharged From the Hospital:

- ✓ Ensure you understand & can help the patient follow their healthcare provider's medication & care instructions
- ✓ Monitor the patient's symptoms
- ✓ Stay in another room or be separated from the patient as much as possible
- ✓ Prohibit unnecessary visitors
- ✓ Care for any pets in the home
- ✓ Ensure shared spaces have good air flow- such as by an air conditioner or opened window
- ✓ Wear a disposable facemask & gloves when in contact with the patient's blood, stool, or body fluids, such as saliva, sputum, nasal mucus, vomit or urine
- ✓ Avoid sharing household items with the patient
- ✓ Wash laundry thoroughly
- ✓ Place all used disposable gloves, facemasks & other contaminated items in a lined container before disposal with other household waste- clean your hands immediately after handling these items
- ✓ Discuss any additional questions with your state or local health department or healthcare provider

For the detailed list of recommended precautions, please click the following link:

[CDC Guidance](#)