

# Home Discharge Readiness Screening Tool

## Outpatient Surgery and Procedure



### Surgeons will use to assess whether patient meets Step 1 scheduling criteria.

***If YES to all statements below, proceed with scheduling surgery.***

- Patient/family understands patient is expected to be discharged within 24 hours after outpatient surgery.
- Patient does not have active chronic disease or comorbidities (i.e., stroke, brain injury, dementia) that may increase risk of prolonged recovery (more than 23 hours).
- Patient is able to understand and follow commands.
- Patient and family agree that the anticipated discharge destination is with or without home health.
- Patient and family understand goal and expectations of surgery.
  - Caregiver available and able to support patient care or patient self-management for one to two weeks.
  - Ensure that patients and family are aware of post-surgery expectations regarding levels of pain and weight-bearing status.
- Patient does not have mobility issues and/or is not functionally impaired (e.g., poor balance, hemiplegia).
- Patient does not have sensory or cognitive loss (e.g., memory loss, poor judgment, visual or hearing loss, aphasia).
- Patient is not incontinent if caregiver is able to assist.
- Patient who lives alone will not be prescribed medications that increase fall risk (i.e., benzodiazepines, sedative-hypnotics, antidepressants or antipsychotics).
- Patient who lives alone will not be prescribed medications that impair balance or cognition (alcohol, opiates).
- Patient has toilet, tub and shower accessible for his or her functional status.
- Patient without family support has sufficient food available (one to two weeks) within reach that can be prepared on his or her own.
- Patient is able to care for pets, if applicable.
- Patient has transportation arrangements to follow-up appointment with surgeon, PCP and any needed therapy (i.e., OT/PT).
- Patient arranged for home healthcare and/or DME prior to surgery, if applicable.
- Patient has a designated pharmacy he or she can access for prescribed medications needed for post-op period.
  - Physician orders for patient pickup before surgery.
  - Designated support person to pick up upon discharge.
  - Bedside delivery before discharge.
- Patient has transportation arrangements from hospital upon discharge.